

# FULL RESULTS

## 10th Inter School Taekwondo (ITF) Championship

Chittapol Basketball Hall, Bhaktapur, Nepal

Date: 31st January 2026

### Result Sheet: Individual Sparring

#### Girls Below 12 years Below 20kg

Position	School name	Player name	Remarks
First	Sunakhari	Deebhusha Tandukar	
Second	Jyoti	Binisha Pakhrin	

#### Girls below 12 years 21-25kg

Position	School name	Player name	Remarks
First	Bikateshwor	Prishkila Tamang	
Second	Bandana	Sneha Khadka	
Third	PUBOSS	Swostima Thapa Magar	
Third	Aarakshyan	Robisha Tamang	

#### Girls below 12 years 26-30kg

Position	School name	Player name	Remarks
First	Sunakhari	Afrita K.M	
Second	PUBOSS	Sofika Khapangi Magar	
Third	Chittapol	Nitya Karki	
Third	Chittapol	Sambhavi Basnet	

#### Girls Below 12 years (31-35kg)

Position	School name	Player name	Remarks
First	Bandana	Sajana Bomjan	
Second	Ashirbad	Anushka Thapa	

Third	Jyoti	Ajita Jimba	
Third	Bikateshwor	Sujita Chaudhary	

### Girls below 12 years(36-40kg)

Position	School name	Player name	Remarks
First	Bikateshwor	Tumla Madhikarmi	
Second	Ashirbad	Rashika Basnet	
Third	Sunakhari	Oshin Rai	
Third	Janagal	Aashoi Dangal	

### Girls below 12 years 46-50kg

Position	School name	Player name	Remarks
First	Bandana	Jiya Kafle	
Second	Janagal	Aaradhya Dangal	
Third	Sunakhari	Amrita Tamang	
Third	Panini	Swikriti Tolange	

### Girls 13-17 years(33-38kg)

Position	School name	Player name	Remarks
First	Chakrajyoti	Mingma Damchoi Lama	
Second	Bhakteshwor	Aaesha Magar	
Third	Chakrajyoti	Kristina Satyal	
Third	Sunakhari	Grishma Dani	

### Girls 13-17 years(43-47kg)

Position	School name	Player name	Remarks
First	Chakrajyoti	Sonu Tamang	
Second	Ashirbad	Jenisha Burlakoti	
Third	Janagal	Sophia Bista	
Third	Bandana	Anisha Bhandari	

## Girls 13-17 years Above 50kg

Position	School name	Player name	Remarks
First	Sunakhari	Aakriti Gurung	
Second	Sunakhari	Mana Maya Tamang	
Third	Aarakshyan	Rohini Basnet	
Third	Chakrajyoti	Rajina Shrestha	

## Boys below 7 years (20-25KG)

Position	School name	Player name	Remarks
First	Bandana	Krishal Shrestha	
Second	Sunakhari	Konchyok Tamang	
Third	Bandana	Sajan Bohara	
Third	Chittapol	Prasanna Budhathoki	

## Boys 8-9 years (20-25KG)

Position	School name	Player name	Remarks
First	Bandana	Nima Tamang	
Second	Jyoti	Jishan Moktan	
Third	Srijansheel	Ajit Katwal	
Third	Bandana	Kishan Bohara	

## Boys below 10 years (26-30KG)

Position	School name	Player name	Remarks
First	Sunakhari	Suman Ghale	
Second	Eden Garden	Prashant Karki	
Third	Sunakhari	Praful Ghale	
Third	Bandana	Aarambha Dotel	

## Boys below 10 years (31-34KG)

Position	School name	Player name	Remarks
First	Panini	Smith Tamang	

Second	AARAKSHYAN	Suman Khadka	
Third	Eden	Suprim Dhakal	
Third	Bandana	Mritunjay Acharya	

### Boys below 10 years (36-40KG)

Position	School name	Player name	Remarks
First	Eden	SwornimGiri	
Second	Eden	Aaryan Thakur	
Third	Sunakhari	NatiZ Dhungel	
Third	eden	Riyaj Shrestha	

### Boys below 10-12 years (20-25KG)

Position	School name	Player name	Remarks
First	Bikateshwor	Nishant Tamang	
Second	Eden Garden	Aarav Gautam	
Third	Srijansheel	Aayush Pandey	
Third	Sunakhari	Aayub Tamang	

### Boys 11-12 years (26-30KG)

Position	School name	Player name	Remarks
First	Bikateshwor	Bibas Thapa	
Second	Aarakshyan	Swon Kakri	
Third	Shree Ganesh	Prince Tamang	
Third	Bikateshwor	Raise Tamang	

### Boys 11-12 years (31-33KG)

Position	School name	Player name	Remarks
First	Sunakhari	Basanta Tamang	
Second	Panini	Ansuman Dahal	
Third	Sunakhari	Yaron Oli	
Third	Puboss	Biraj Bhandari	

## Boys 11-12 years (33-35KG)

Position	School name	Player name	Remarks
First	Motherland	Suvam Lamsal	
Second	jyoti	Sohan Tamang	
Third	Charajyoti	Unik Tamang	
Third	Sunakhari	Subiyan Tamang	

## Boys 11-12 years (36-40KG)

Position	School name	Player name	Remarks
First	Janagal	Bhubab Basnet	
Second	Bandana	Romak Rokaya	
Third	CHAKRAJOYTI	Rasik shrestha	
Third	Ashirbad	Anush Rai	

## Boys 11-12 years Above 45 KG)

Position	School name	Player name	Remarks
First	Sunakhari	Jenish Ghale	
Second	ashirbad	Sobit Mahat	
Third	Panini	Bipal Giri	
Third	Sirjansheel	Chhewang Waiba	

## Boys 13-17 years (25-30kg)

Position	School name	Player name	Remarks
First	Bimal	Subham Khatri	
Second	Eden Garden	Siddartha Bhujel	
Third	Eden Garden	Ronish Khatri	
Third	Chakrajyoti	Rijal Khatri	

## Boys 13-17 years (30-35KG)

Position	School name	Player name	Remarks
First	Bikateshwor	Jimran Tamang	

Second	Srijansheel	Aayush Ghising	
Third	Aarakshyan	Samir Bhujel	
Third	Chittapol	Anurag Deuja	

### Boys 13-17 years (36-40kg)

Position	School name	Player name	Remarks
First	Janagal	Dibas Kingring Magar	
Second	Bikateshwor	Anish Tamang	
Third	chakrajyoti	Arnij Basnet	
Third	Chittapol	Unik Pakur	

### Boys 13-17 years (41-45kg)

Position	School name	Country	Remarks
First	Eden	Siddhartha Bhujel	
Second	Panini	Ridam Giri	
Third	Srijansheel	Narayan Prasad Chaulagai	
Third	Quality	Sunder Pandey	

### Boys 13-17 years (46-48kg)

Position	School name	Player name	Remarks
First	Charajyoti	Rit Bahadur Thami	
Second	eden	Mukesh Magar	
Third	Sunakhari	Siddhartha Shah	
Third	Bikateshwor	Raj Tamang	

### Boys 13-17 years (48-50kg)

Position	School name	Player name	Remarks
First	Chakrajyoti	Sbindra Bdr Thapa	
Second	Chakrajyoti	Aayush Kulung	
Third	Janagal	Aayush Tolange	
Third	Janagal	Nishan Majhi	

## Boys 13-17 years (51-55kg)

Position	School name	Player name	Remarks
First	Chakrajyoti	Jibraj Thing	
Second	Janagal	Sanil Shrestha	
Third	Bandana	Sangam Phuyal	
Third	Bandana	pranesh Bhattarai	

## Boys below 13-17 years (55-60KG)

Position	School name	Player name	Remarks
First	Motherland	Jay Ram B.k	
Second	Matherland	Rikesh Magar	
Third	Ashirbad	Bikesh Shrestha	
Third	Shree Ganesh	Aryan Bishokarma	

## Boys below 13-17 years Above 60KG)

Position	School name	Player name	Remarks
First	Motherland	Akin Kasula	
Second	Eden	Binay Thapa	
Third	Shree Ganesh	Dhan Bdr Tamang	
Third	Eden	Aman Chaudhary	

# 10th Inter School Taekwondo (ITF) Championship

Chittapol Basketball Hall, Bhaktapur, Nepal

Date: 31st January 2026

## Result Sheet: Individual Pattern

### Girls white - white yellow Belt

Position	School name	Player name	Remarks
First	Bikateshwor	Priskila Tamang	
Second	Bikateshwor	Smriti Singh	
Third	Bikateshwor	Sujita Chaudhary	
Third	Jyoti	Binisha Pakhrin	

### Girls Yellow -Yellow Green Belt

Position	School name	Player name	Remarks
First	Chakrajyoti	Kristina Satyal	
Second	Aarakshyan	Monalisa Thapa Magar	
Third	Sunakhari	Diyana Pudasaini	
Third	Bandana	Sajana Bomjon	

### Girls Green- Green Blue Belt

Position	School name	Player name	Remarks
First	Chakrajyoti	Mingma Damchoi Lama	
Second	Sunakhari	Afrita K.M	
Third	Bikateshwor	Binisha Lama	
Third	Ashirbad	Rashika Basnet	

### Girls Blue -Blue Red Belt

Position	School name	Player name	Remarks
First	Aarakshyan	Robisha Tamang	
Second	Ashirbad	Jenisha Burlakoti	
Third			
Third			

## Girls Red -Red Black Belt

Position	School name	Player name	Remarks
First	Chakrajyoti	Sonu Tamang	
Second	Sunakhari	Grishma Dani	
Third	Sunakhari	Amrita Tamang	
Third	Bandana	Anisha Bhandari	

## Boys White Belt

Position	School name	Player name	Remarks
First	PUBOSS	Aarosh Shrestha	
Second	PUBOSS	Bibash Bhandari	
Third	Motherland	Udip Magar	
Third	PUBOSS	Prashant Tamang	

## Boys Yellow Belt

Position	School name	Player name	Remarks
First	Chakrajyoti	Kabiraj Thing	
Second	Eden Garden	Aayan Tamang	
Third	Sunakhari	Dhanraj Lama	
Third	Sunakhari	Pradeep Tamang	

## Boys Yellow Green Belt

Position	School name	Player name	Remarks
First	PUBOSS	Biraj Bhandari	
Second	Bikateshwor	Anish Tamang	
Third	Eden Garden	Aaryan Thakur	
Third	Janagal	Nirmal Thapa	

## Boys Green Belt

Position	School name	Player name	Remarks
First	Sunakhari	Subiyan Tamang	
Second	Bikateshwor	Nishant Tamang	
Third	Sunakhari	Aayan Tamang	
Third	Bandana	Prajesh Nagarkoti	

## Boys Green Blue Belt

Position	School name	Player name	Remarks
First	Chakrajyoti	Unik Tamang	
Second	Ashirbad	Sobit Mahat	
Third	Bikateshwor	Raj Tamang	
Third	Bikateshwor	Pritam Tamang	

## Boys Blue Belt

Position	School name	Player name	Remarks
First	Chakrajyoti	Bibas Thapa	
Second	Chakrajyoti	Subindra Bahadur Thapa	
Third	Chakrajyoti	Rashik Sheshta	
Third	Motherland	Nabin Chaudhary	

## Boys Blue Red Belt

Position	School name	Player name	Remarks
First	Aarakshyan	Swon Karki	
Second	Eden Garden	Aman Chaudhary	
Third	Sunakhari	Jenish Ghale	
Third	Eden Garden	Babi Hang Rai	

## **Boys Red Belt**

Position	School name	Player name	Remarks
First	Chakrajyoti	Jibraj Thing	
Second	Janagal	Bubhab Basnet	
Third	Sunakhari	Siddartha Shah	
Third	Sunakhari	Natiz Dhungel	

## **Boys Red Black Belt**

Position	School name	Player name	Remarks
First	Eden Garden	Siddartha Bhujel	
Second	Eden Garden	Mukesh Magar	
Third	Motherland	Akin Kasula	
Third	Eden Garden	Binay Thapa	

## **Boys Black Belt**

Position	School name	Player name	Remarks
First	Motherland	Suvam Lamsal	
Second	Janagal	Aayush Tolange	
Third	Motherland	Jay Ram BK	
Third	Janagal	Dibas Kingring Magar	