#### **ITF TOURNAMENT COMMITTEE**

### **Amendment 2013**

#### **RULE UPDATES**

#### **TOURNAMENT RULES**

**SECTION I** 

**GENERAL RULES** 

**Article 3: OFFICIAL AUTHORITIES** 

C) Umpires

Each participating country will supply two (2) umpires unless there are exceptional circumstances, which must be agreed with ITF Administration prior to the event.

### **Article 4: DUTIES**

A) Tournament Committee (TC) will be in charge of organising and running all official ITF Tournaments. The members of this Committee must be present in the area during all events.

#### Article 5: DELEGATES

Two (2) official coaches or technical directors per country; they will represent the individual competitors and teams. They must be registered with their national organisation and hold a current Status Card, they take part in the official meetings, they must register their competitors, submit their documents, present the official protest, they are responsible for the competitors' presence at the registration, weight in, competition, award ceremonies, open and closing ceremonies.

A) During the individual and team competitions only one (1) coach will be allowed near to the ring, but (s)he cannot interfere, by actions or words, and must be seated throughout the match; (s)he must be at least two (2) meters away from the ring and must not advise or encourage his competitors.

### **Article 6: COACHES**

G) The number of coaches per country is unlimited. They must register with their national organisation. The coaching fee will be the same as the competitor entry fee. They must hold a current Status Card and must be from 1<sup>st</sup> Degree to 6<sup>th</sup> Degree.

#### **Article 7: COMPETITORS**

Competitors will compete in the divisions laid down the following rules. Competitors must be  $1^{st}/2^{nd}/3^{rd}/4^{th}/5^{th}$  or  $6^{th}$  Degree and be 18 years old in the year of the event; they must be certified with an ITF Degree certificate and current Black Belt Status Card. If the competitor does not have the Status Card, (s)he will be able to register at the event at a higher cost. Competitors must be healthy and registered with their national association. The competitors in the World Championship must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade.

#### Interpretation and Example:

The age limit for World Adults Championships is based on the year, not on the date, when the Championships are held, which shall be between 18 and 35 years of age. For instance, if the Championships are held 2014, those Competitors born on or between January 1<sup>st</sup> 1996 and December 31<sup>st</sup> 1979 are eligible to participate.

## **Article 9: SAFETY EQUIPMENT AND PROTECTIVE WEAR**

All the safety equipment must be approved by the TC. Competitors must have in possession of two (2) pairs of safety equipment: one red and one blue. Hand pads must have fingers and thumb covered and the palm open (material to be, for example, dipped foam, PU or leather).

- A) Obligatory protection:
- Hand and Feet
- 2. Groin guard (must be inside the Dobok trousers)
- 3. Mouth guard
- B) Optional safety equipment:
- 4. Shin Protector
- 5. Forearm protector
- 6. Female Breast protector (must be inside the Dobok top)
- 7. Head guard

In those countries where the law demands the use of head guards for contact sports, the use of this protection will be required. In this case, an approved type must be provided in red and blue colour by the organising committee.

### **Article 10: SQUARE**

A. Square size will be 7x7 meters with and an extra surface of one meter (1m) on all sides. When the square is elevated, the extra surface must be at least two meters (2m) greater than the size of the square.

## **Article 11: COMPETITOR NUMBERS PER COUNTRY**

## A) Individual

The number of individual competitors from each country per division is restricted to three (3) persons (competitors from one country may be drawn against each other at any stage of the event unless it is indicated otherwise prior to the event). These competitors may be a team member or individual, as chosen by the national trainer for that country.

## B) Team

Male Team will consist of 5 competitors and 1 reserve. 5 members must compete in Sparring, 5 in Patterns, 5 in Power Technique and 5 in Special Technique.

Female Team will consist of 5 competitors and 1 reserve. 5 members must compete in Sparring, 5 in Patterns, 3 in Power Technique and 3 in Special Technique.

Note: The names of the competitors which compose the teams must be confirmed at the inscription day.

The competitor in reserve can be used in all team events.

## Article 12: DIVISION OF COMPETITION

### A) Individual:

Individual events are further divided into:

Pattern – Male/Female, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> Degree divisions Sparring – Male/Female, Micro, Light, Welter, Middle, Heavy and Hyper weight divisions

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#### **SECTION II**

### **PATTERN**

# **Article 25: DIVISIONS / PATTERNS**

A) The competitors will be from 1<sup>st</sup> to 6<sup>th</sup> Degree.

## **Article 27: SYSTEM OF COMPETITION**

- A) Individual:
- 1<sup>st</sup> Degree will compete with 1st Degree with the designated pattern from Chon-Ji to Ge-Baek and one optional between Kwang-Gae to Ge-Baek.
- 2<sup>nd</sup> Degree will compete with 2<sup>nd</sup> Degree with the designated patterns from Chon-Ji to Ko-Dang and one optional between Eui-An to Ko-Dang.
- 3<sup>rd</sup> Degree will compete with 3<sup>rd</sup> Degree with the designated patterns from Chon-Ji to Choi-Yong and optional between San-II to Choi-Yong.
- 4<sup>th</sup> Degree will compete with 4<sup>th</sup> Degree with the designated patterns from Chon-Ji to Moon-Moo and one optional between Yong-Gae to Moon-Moo.
- 5<sup>th</sup> Degree will compete with 5<sup>th</sup> Degree with the designated patterns from Chon-Ji to Se-Jong and one optional between So-San to Se-Jong.
- 6<sup>th</sup> Degree will comp<mark>ete with 6<sup>th</sup> Degree with the designated patterns from Chon-Ji to Tong-il and the optional from So-San to Tong-il.</mark>

Note: The Tournament Committee reserves the right to amalgamate the 5<sup>th</sup> and 6<sup>th</sup> Degree sections.

## B) Team:

Each team (five competitors) must perform together one optional and one designated Pattern. The Tul must be from Do-San to Ge-Baek. They may line up in any format they choose and may perform one choreographed Tul with three breaks; they cannot perform a break during the Kihaps, one team member may not perform more than two moves on their own without the other team members following, and must be seen to be teamwork. The choreography can include individual movement or in unison.

## **SECTION III**

#### **SPARRING**

## **Article 30: DIVISION / SPARRING**

- A) Competitors must be from 1<sup>st</sup> to 6<sup>th</sup> Degree
- B) Male and Female Groups
- C) Weights

Adult and Senior Male:

Micro up to 58kg, Light up to 64 kg, Welter up to 70kg, Middle up to 76kg, Heavy up to 82kg, Hyper over 82kg.

Adult and Senior Female:

Micro up to 50kg, Light up to 55kg, Welter up to 60kg, Middle up to 65kg, Heavy up to 70kg, Hyper over 70kg.

## **SECTION IV**

## **POWER BREAKING**

## **Article 43: DIVISIONS / POWER BREAKING**

A) Competitors will be from 1<sup>st</sup> to 6<sup>th</sup> Degree.

## **Article 44: PROCEDURE INDIVIDUAL AND TEAMS**

- A) The TC will decide on a technique and the quantity of the pieces of wood for the initial classification (ie qualifying round) for the individual competitor but there will be no qualifying round in the team breaking.
- C) It is permitted to break using step or slide. It is not permitted to jump. This means one (1) foot must keep contact with the floor at all times. For Sonkal Taerigi the strike can be executed in two ways, inward or outward.
- D) Protocol

2. Execution: for each technique competitors will have only one attempt to break. At the command from the Umpire the competitor will adopt a ready position and will try to break in one continuous movement, it is not necessary to finish with ready position again.

### SECTION V

### **SPECIAL TECHNIQUE**

**Article 46: DIVISIONS / SPECIAL TECHNIQUE** 

A) Competitors will be from 1<sup>st</sup> to 6<sup>th</sup> Degree.

## **Article 47: INDIVIDUAL AND TEAM PROCEDURE**

- A) In each event a standard of one (1) board will be used. The board thickness, height and distance will be set by the TC prior to the event. The TC will decide on a technique for the initial classification (ie qualifying round) for individual competitors but there will be no qualifying round in the team special technique breaking.
- B) For each technique, competitors have the opportunity for one (1) attempt for prejudging the distance, without touching the board, and one (1) attempt to break. The competitor must adopt a ready posture prior to performing; this must be executed in one single movement, it is not necessary to finish with ready position again. After the Umpire signals, the competitor has 30 second to complete the technique.
- C) Umpires must disallow / indicate failure when:
- 4. Falling down: This refers to any part of the body other than the feet touching the ground. Correct balance and posture must be maintained during the execution of the technique.
- H) Equipment to hold boards will be used to give uniform resistance to the breaks. In the case of flying long side kick (timyo nomo yop chagi) the board must be held at a 45° angle, in this way the competitor should be able to continue to run in one line after the execution of the technique.

### **EXTENSION FOR SENIORS**

### **Article 7: SENIOR COMPETITORS**

Senior competitors must 36 years of age or above. They will compete in the divisions laid down in the following rules. All competitors must be 1<sup>st</sup> / 2<sup>nd</sup> / 3<sup>rd</sup> /4<sup>th</sup> / 5<sup>th</sup> / 6<sup>th</sup> Degree and they must be certified by the ITF with a Degree Certificate and current Black Belt Status Card. Competitors who do not have an ITF Status Card will be able to register for the card at the event at a higher cost. Competitors from all divisions must be healthy and registered with their national association. The competitors in the World Championships must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade. There will be no Senior team events, but these competitors can be part of the Adult Team. A proven Adult competitor now of Senior age can opt to compete in the Adult section up to the age of 37 in the year of competition.

## Interpretation and Example:

The age limit for Adult World Championships is based on the year, not on the date, when the Championships are held, shall be 36 years and above. For instance, if the Championships are held on 2014, those Competitors born on or before December 31<sup>st</sup> 1978 are eligible to participate.



### **EXTENSION FOR JUNIORS**

#### Article 7: JUNIOR COMPETITORS 14 - 15 AND 16 - 17

Junior competitors must be 14 to 17 year old inclusive, during the year of the event. They will compete in the divisions laid down in the following rules. All competitors must be  $1^{st} / 2^{nd} / 3^{rd}$  Degree and they must be certified by the ITF with a Degree Certificate and current Black Belt Status Card. Competitors who do not have an ITF Status Card will be able to register for the card at the event at a higher cost. Competitors from all divisions must be healthy and registered with their national association. The competitors in the World Championships must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade. With no exceptions, Junior competitors cannot be selected for the Adult Team events.

### Interpretation and Example:

The age limit for Junior World Championships is based on the year, not on the date, when the Championships are held, which shall be between 14 and 17 years of age. For instance, if the Championships are held in 2014, those Competitors born on or between January 1<sup>st</sup> 1997 and December 31<sup>st</sup> 2000 are eligible to participate.

## **Article 9: SAFETY EQUIPMENT AND PROTECTIVE WEAR**

All safety equipment must be approved by the TC. Competitors must have in possession of two (2) pairs of safety equipment: one red and one blue. Hand pads must have fingers and thumb covered and the palm open (material to be, for example, dipped foam, PU or leather).

### **Article 30: DIVISIONS / SPARRING**

Junior weight divisions:

Junior Male:

Micro up to 50kg, Light up to 55kg, Welter up to 60kg, Middle up to 65kg, Heavy up to 70kg, Hyper over 70kg.

Junior Female:

Micro up to 45kg, Light up to 50kg, Welter up to 55kg, Middle up to 60kg, Heavy up to 65kg, Hyper over 65kg.

## **Article 43: DIVISIONS / POWER BREAKING**

- B) There are 4 items in this section:
- 1. Sonkal Daeregi
- 2. Yocha Jirugi
- 3. Dollyo Chagi
- 4. Bandae Dollyochagi

Male (1) + (2) + (3) + (4) Female (1) + (2) + (3)

# **SECTION V**

# SPECIAL TECHNIQUE

**Article 46: DIVISION / SPECIAL TECHNIQUE** 

- C) There are five items in this section:
- 1. Twimyo Nopi Ap Chaji
- 2. Twimyo Nomo Yop Cha Jirugi
- 3. Twimyo Dolmyo Chagi
- 4. Twimyo Dolly<mark>o C</mark>hagi
- 5. Twimyo Bandae Dollyo Chaji

Male (1) + (2) + (3) + (4) + (5) Female (1) + (2) + (3)

### **EXTENSION FOR PRE-JUNIOR**

#### **Article 7: PRE-JUNIOR COMPETITORS**

Junior competitors must be 12 to 13 year old inclusive, during the year of the event. They will compete in the divisions laid down in the following rules. All competitors must be 1<sup>st</sup> / 2<sup>nd</sup> Degree and they must be certified by the ITF with a Degree Certificate and current Black Belt Status Card. Competitors who do not have ITF Status Cards will be able to register for the card at the event at a higher cost. Competitors from all divisions must be healthy and registered with their national association. The competitors in the World Championships must, upon request, produce their passport and ITF Status Card to certify their age, nationality and grade. With no exceptions, Pre-Junior competitors cannot be selected for the Junior Teams events.

### Interpretation and Example:

The age limit for World Junior Championships is based on the year, not on the date, when the Championships are held, which shall be between 12 through 13 years old. For instance, if the Championships are held on 2014, those Competitors born on between January 1° 2001 and December 31° 2002 are eligible to participate.

### **Article 30: DIVISIONS / SPARRING**

Pre-Junior Weight Divisions:

Pre-Junior Male:

Micro up to 40kg, Light up to 45kg, Welter up to 50kg, Middle up to 55kg, Heavy up to 60kg, Hyper over 60kg.

Pre-Junior Female:

Micro up to 35kg, Light up to 40kg, Welter up to 45kg, Middle up to 50kg, Heavy up to 55kg, Hyper over 55kg.

## **Article 43: DIVISIONS / POWER BREAKING**

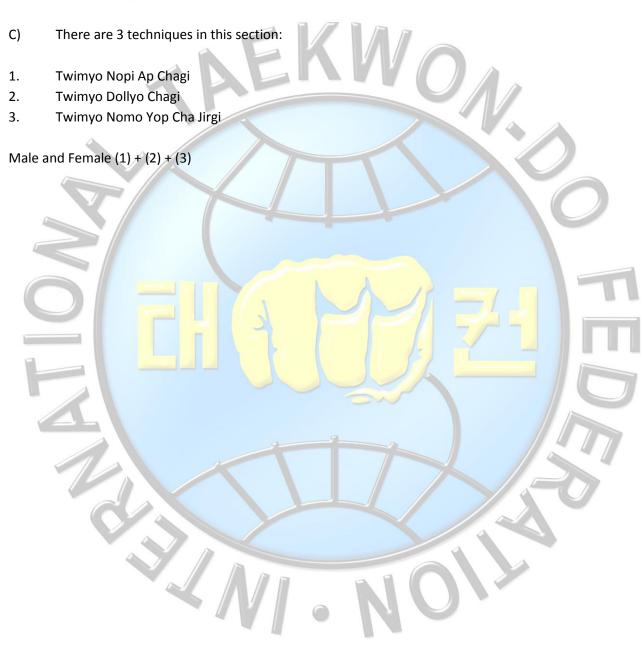
- C) There are 4 items in this section:
- 1. Sonkal Daerigi
- Yocha Jirugi
- 3. Dollyo Chagi
- 4. Bandae Dollyochagi

Male and Female (1) + (2) + (3)

# **SECTION V**

# **SPECIAL TECHNIQUE**

# Article 46: DIVISON / SPECIAL TECHNIQUE



## **UMPIRE RULES**

## PATTERN INDIVIDUAL SCORING FORM

Technical content: 5 points
Power: 5 points
Rhythm: 5 points

# **TEAM PATTERN SCORING FORM**

Presentation / Team Work / Choreography: 5 points
Technical content: 5 points

Power: 5 points

Rhythm: 5 points



# POWER AND SPECIAL TECHNIQUE TABLE

# **Adult Competition**

SPECIAL TECHNIQUES - HEIGHTS AND LENGTH FOR EACH ITEM (BOARDS OF ¾")	
MALE	FEMALE
TWIMYO NOPI AP CHA BUSIGI 280 CM	TWIMYO NOPI AP CHA BUSIGI 220 CM
TWIMYO DOLLYO CHAGI 250 CM	TYIMYO DOLLYO CHAGI 220 CM
TWIMYO NOMO YOPCHA JIRUGI 320 CM	TWIMYO NOMO YOP CHA JIRUGI 180 CM
TWIMYO DOLMYO YOPCHA JIRUGI 240 CM	
TWIMYO BANDAE DOLLYO CHAGI 240 CM	

POWER BREAKING - NUMBER OF BOARDS FOR EACH ITEM	
MALE	FEMALE
AP JOOMUK JIRUGI <mark>5 BOARD</mark> S	SONKAL TAERIGI 3 BOARDS
SONKAL TAERIGI 5 B <mark>O</mark> ARDS	YOP CHA JIRUGI 5 BOARDS
DOLLYO CHAGI 5 BOARDS	DOLLYO CHAGI 4 BOARDS
YOPCHA JIRUGI 7 BOARDS	
BANDAE DOLLYO CHAGI 5 BOARDS	
(BOARDS OF 1")	(BOARDS OF ¾")

# **Senior Competition**

SPECIAL TECHNIQUES – HEIGHTS AND LENGTH FOR EACH ITEM (BOARDS OF ¾")	
MALE	FEMALE
TWIMYO NOPI AP CHAGI 260 CM	TWIMYO NOPI AP CHAGI 200 CM
TWIMYO DOLLYO CHAGI 230 CM	TYIMYO DOLLYO CHAGI 200 CM
TWIMYO NOMO YOP CHA JIRUGI 300 CM	TWIMYO NOMO YOP CHAGI 180 CM
TWIMYO DOLMYO YOP CHA JIRUGI 220 CM	
TWIMYO BANDAE DOLLYO CHAGI 220 CM	

POWER BREAKING - NUMBER OF BOARDS FOR EACH ITEM	
MALE	FEMALE
AP JOOMUK JIRUGI 5 BOARDS	SONKAL TAERIGI 3 BOARDS
SONKAL TAERIGI 5 BOARDS	YOP CHA JIRUGI 5 BOARDS
DOLLYO CHAGI 5 BOARDS	DOLLYO CHAGI 4 BOARDS
YOPCHA JIRUGI 5 BOARDS	
BANDAE DOLLYO CH <mark>AGI 5 BOAR</mark> DS	
(BOARDS OF 1")	(BOARDS OF ¾")

# **Junior Competition**

SPECIAL TECHNIQUES - HEIGHTS AND LENGTH FOR EACH ITEM (BOARDS OF ¾")	
MALE	FEMALE
TWIMYO NOPI AP CHAGI 260 CM	TWIMYO NOPLAP CHAGI 200 CM
TWIMYO DOLLYO CHAGI 230 CM	TYIMYO DOLLYO CHAGI 200 CM
TWIMYO NOMO YOP CHA JIRUGI 300 CM	TWIMYO NOMO YOP CHA JIRUGI 180 CM
TWIO DOLMYO YOP CHA JIRUGI 220 CM	
TWIMYO BANDAE DOLLYÓ CHAGI 220 CM	

POWER BREAKING - NUMBER OF BOARDS FOR EACH ITEM	
MALE	FEMALE
SONKAL TAERIGI 3 BOARDS	SONKAL TAERIGI 3 BOARDS
YOPCHA JIRUGI 5 BOARDS	YOP CHA JIRUGI 5 BOARDS
DOLLYO CHAGI 4 BOARDS	DOLLYO CHAGI 4 BOARDS
BANDAE DOLLYO CHAGI 3 BOARDS	
(BOARDS OF 1")	(BOARDS OF ¾")

# **Pre Junior Competition**

SPECIAL TECHNIQUES - HEIGHTS AND LENGTH FOR EACH ITEM (BOARDS OF ¾")	
MALE	FEMALE
TWIMYO NOPI AP CHAGI 220 CM	TWIMYO NOPI AP CHAGI 200 CM
TWIMYO DOLLYO CHAGI 200 CM	TYIMYO DOLLYO CHAGI 200 CM
TWIMYO NOMO YOP CHA JIRUGI 280 CM	TWIMYO NOMO YOP CHA JIRUGI 160 CM

POWER BREAKING - NUMBER OF BOARDS FOR EACH ITEM	
MALE	FEMALE
SONKAL TAERIGI 2 BOARDS	SONKAL TAERIGI 2 BOARDS
YOPCHA JIRUGI 4 BOARDS	YOP CHA JIRUGI 4 BOARDS
DOLLYO CHAGI 3 BOARDS	DOLLYO CHAGI 3 BOARDS
(BOARDS OF 1")	(BOARDS OF ¾ ")

# Obstacle (barrier) Heights:

# **Adults, Senior and Junior**

Female: 50 cm

Male: 70 cm

# **Pre Junior**

Female: 40 cm

Male: 40 cm