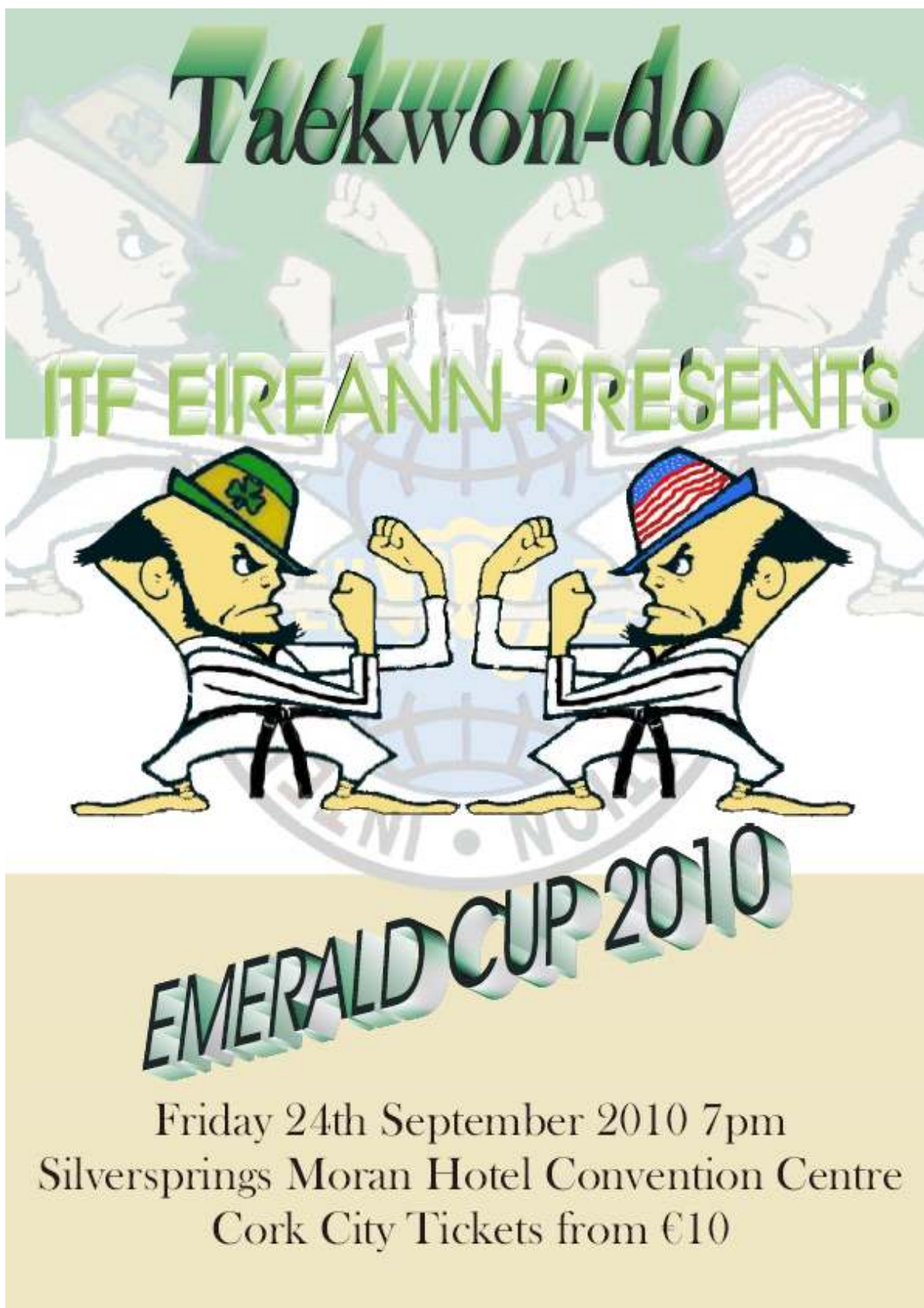


Information Pack



The poster features a central illustration of two Taekwon-do practitioners in white uniforms and black belts, facing each other in a sparring stance. The practitioner on the left wears a green hat with a white cross, representing Ireland, while the one on the right wears a blue hat with the American flag, representing the USA. The background is a light green and blue gradient with faint, larger-scale versions of the two fighters. The text is arranged in a top-to-bottom hierarchy: 'Taekwon-do' in a large, stylized green font at the top; 'ITF EIREANN PRESENTS' in a bold, green, blocky font below it; 'EMERALD CUP 2010' in a large, 3D-style green font on a tan background at the bottom; and the event details in a black serif font at the very bottom.

Taekwon-do

ITF EIREANN PRESENTS

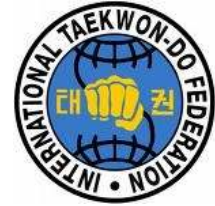
EMERALD CUP 2010

Friday 24th September 2010 7pm
Silersprings Moran Hotel Convention Centre
Cork City Tickets from €10



ITF Éireann

INO # 300



Dear Masters, Instructors,

I have the pleasure of inviting you, on behalf of ITF Éireann, to our 2nd Emerald Cup Team Event which will be held in The Silver Springs Hotel, Tivoli, Cork, Ireland on Friday the 24th September 2010

This competition will be an ITF Senior Male and Senior Female Team Sparring, Patterns and Breaking event with full ITF sanctioning.

Last year's event proved to be a great success with Team England winning the Male event and Team Ireland winning the Ladies event.

To coincide with this event, on the Saturday we will be holding an International Black Belt Grading in the presence of Master Robert Wheatley, President of the ITF promotions committee, the grading will be followed by a Master Class with several Masters in attendance.

A Banquet will be held on Saturday evening for all interested parties.

We look forward to meeting you and your team.

Yours in Taekwon-Do

Jeni Field

Secretary ITF Éireann



ITF Éireann

INO # 300



Schedule

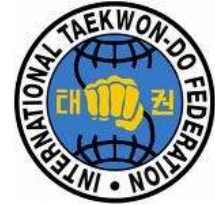
The Emerald Cup

Time	7.00 pm
Date	Friday 24 th September 2010
Venue	Harbour View Suite, Silver Springs Hotel, Tivoli, Cork,
Event	Team Sparring, Team Patterns and Team Breaking
Sparring:	One senior male team per INO consisting of 6 members (5 competitors and 1 substitute) One senior female team per INO consisting of 4 members (3 competitors and 1 substitute)
Patterns:	One senior male team per INO consisting of 6 members (5 competitors and 1 substitute) One senior female team per INO consisting of 4 members (3 competitors and 1 substitute)
Breaking:	One senior male team per INO consisting of 4 members (3 competitors and 1 substitute) One senior female team per INO consisting of 4 members (3 competitors and 1 substitute)
Registration	Closing date for team registration is Friday 17 th September 2010
Prizes	The Competition Winners will be crowned the Emerald Cup Champions of 2010 and will receive the unique perpetual Emerald Cup. In addition to this the winners along with the second and the joint third placed teams will receive medals



ITF Éireann

INO # 300



- Rules** All ITF rules apply
- Judges** Each country is asked to provide one official for official duties on the night
- Spectators** There will be limited spectator places for the Emerald Cup and these tickets can be purchased by contacting any of the organizing committee

International Black Belt Grading

Master Robert Wheatley VIII Degree Black Belt and Head of the ITF Promotions committee, along with his panel will conduct a black belt grading.

- Time** 9:00 am Sharp
- Date** Saturday 25th September 2010
- Venue** Harbour View Suite,
Silver Springs Hotel,
Tivoli,
Cork,
Ireland.
- Applications** All applications for examination should be made to the ITF and please notify the organizer of your intention to test



ITF Éireann

INO # 300



Master Class

- Time** 1:00 pm Sharp
- Date** Saturday 25th September 2010
- Venue** Harbour View Suite,
Silver Springs Hotel,
Tivoli,
Cork,
Ireland.
- Applicants** Master class is open to all grades, limited places available, so make sure and secure your place now

Banquet

We will be holding a banquet in the presence of all attending Masters, Speeches and awards will be made during the evening.

- Time** 8:00 pm
- Date** Saturday 25th September 2010
- Venue** Watermarq Restaurant,
Silver Springs Hotel,
Tivoli,
Cork,
Ireland.



ITF Éireann

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General Information

Venue The Silver Springs Moran Hotel is one of the finest 4 star hotels in Cork, located just five minutes from Cork City Centre and just seven miles from Cork International Airport. This Cork hotel is renowned as one of Ireland's largest conference and banqueting venues - it hosts events for up to 1,500 delegates.

As you'd expect from a former Capital of Culture there is so much to see and do nearby, therefore it's ideal for business travellers, groups, couples, families. The Silver Springs Moran Hotel is one of the best known Cork Hotels and offers luxury hotel accommodation in Cork City, the Watermarq Restaurant and Lobby Bar, state of the art conference facilities and a choice of two elegant ballrooms which are perfect for your Cork wedding or other special event. Leisure facilities are also available for guests within this Cork hotel complex.





ITF Éireann

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The Hotel is currently offering accommodation at the following rates

Room rates per night:

Single Room	€79 BB
Double Room	€89 BB
Twin Room	€89 BB

For Further enquires contact

Silver Springs Hotel,
Tivoli,
Cork,
Ireland.

Tel: +353 (0) 21 450 7533

Fax: +353 (0) 21 455 1821

Web: www.moranhotels.com

Transport

Airports

Cork International airport is one of Ireland's bigger airport and is situated only a short 10 minutes drive from the Silver Springs Hotel. Cork airport has flight destination to most of the major cities world wide. For further info log on to www.corkairport.com

Other airports that may be used include

Dublin Airport www.dublinairport.com

Shannon Airport www.shannonairport.com



ITF Éireann

INO # 300



Events Costs

€100	Team fee for the Emerald Cup
€40	Fee for Master Class
€10	Spectator fee for Emerald Cup
€50	Banquet Fee

Further Info.

Contact any of the organizing committee

Jeni Field - INO 300 Secretary

Email: secretaryitfeireann@gmail.com

Tel: + 353 87 2214707

Ruairi O Brien – INO 300 Vice President

Email: vpitfeireann@gmail.com

Tel: + 353 87 2822595

Liam Corkery – INO 300 Public Relation Officer

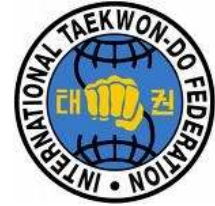
Email: proitfeireann@gmail.com

Tel: + 353 87 9791904



ITF Éireann

INO # 300



Team Registration for Emerald Cup 2010

Male Team Registration

Country:

Sparring Team

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>
5	<input type="text"/>
6	<input type="text"/>

Patterns Team

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>
5	<input type="text"/>
6	<input type="text"/>

Breaking Team

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Fees Enclosed: _____



ITF Éireann

INO # 300



Female Team Registration

Country:

Sparring Team

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Patterns Team

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Breaking Team

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Fees Enclosed: _____



ITF Éireann

INO # 300



Registration for Master Class

	Name	Grade	Organization
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Fees Enclosed: _____



ITF Éireann

INO # 300



Registration for Banquet

	Name	Organization
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Fees Enclosed: _____